

Daycare

ALVALON



Sørvágur Municipality

Welcome to Alvalon 😊

Daycare Alvalon

Alvalon Daycare is a municipal daycare centre for children aged between 0 and 7.

The daycare opened on the 28th of August 2006.

The centre is divided into 6 rooms. At present there are two baby and toddler rooms, for children between 6 months and 3 years, three rooms for older pre-schoolers and one after-school group.

Alvalon opens from 7:30 a.m. to 17:00 p.m.

If you need us to, we can open earlier, but not before 7:00 a.m., and we can stay open a little longer, but no later than 17:15 p.m. If you need us to open early or late, please let us know by 12:00 noon the day before.

Please call 23 32 40 if you are not coming at 7:00 a.m.

Sørvágur Municipality has decided at a council meeting that: Children may only spend up to 9 hours a day in daycare.

The following age limits apply to children who pick up children from daycare:

Anyone picking up a 0 to 3-year-old must be 13 years or older, and anyone picking up a 3 to 7-year-old must be 11 years or older.

After-School Care Sýslan

The after-school recreation centre is at Sýslan.
It receives children from grades 1 to 3.

The after-school centre is open from when the child's school day ends until 17:00 p.m.

The after-school centre is closed on days when the school is closed.

Payment

Daycare fees are set by Sörvágur Municipality.
Parents will be notified of any changes to the fees.

From January 1st, 2018 daycare fees are as follows:

- Children aged 0 to 3 years: DKK 1,900 monthly
 - Half fee: DKK 1,045 monthly

- Children aged 3 to 6 years: DKK 1,600 monthly
 - Half fee: DKK 880 monthly

- After-school care fee: DKK 950 monthly
 - Half fee: DKK 523 monthly

The youngest sibling pays the full fee, the second sibling the half fee.

For families with more than two children, the remaining children pay nothing.

After-school care payments are due for ten and a half months.
There are no payments for July and half of August.

Children must be registered with the payment system available on Alvalon's website: alvalon.fo

Payments are due by the first of every month.

Free places

Children may be entitled to a free place.

Entitlement to a free place is calculated based on income in the previous year, or if income changes significantly in the current year.

Application forms are available at the daycare centre and on Alvalon's website: alvalon.fo

Withdrawal

If you wish to withdraw a child from daycare, you should give us one month's notice by the first or the middle of the month.

The after-school centre has a 1-month notice period by the first or the middle of the month.

Leave

Parents can apply for a child to take leave from the daycare or after-school centre.

Taking leave guarantees that there will be a place for the child when it returns after the leave.

The application must be submitted at least one month before the leave is to start by the first or the middle of the month.

Parents must notify the daycare or after-school centre no less than one one month before the child/children are due to return.

Summer Vacation

Daycare closes for four weeks during the summer vacation.

We always open one week before schools start.

The vacation year runs from May 1st to September 30th.

For children who take four weeks of continuous summer vacation one month (July) will be free.

For parents who work during the summer vacation, while Alvalon is closed, there is alternative daycare available. You must submit a written application to the daycare manager before May 1st.

Alvalon cooperates with Daycare Sóljugarður in Sandavágur and Daycare Miðgarður in Miðvágur during the summer vacation. Alvalon stays open every third summer.

Public holidays

April 25th:	Flag day
June 5th:	Constitution day from 12:00 noon
July 28th:	Eve of Saint Olaf's day
July 29th:	Saint Olaf's day
December 24th:	Christmas Eve
December 31st:	New Year's Eve

The daycare is closed between Christmas and New Year and all other public holidays.

Planning days

The daycare centre has two planning days a year, one in spring and one in autumn. The centre is closed on those days.

Starting daycare

It is important for children to get off to a good start at daycare. The best thing parents can do is to spend time with the child at daycare in the beginning. This usually takes about two weeks, but all children are, of course, different.

Arriving at daycare in the morning

It is very important for all parties, particularly the child, that the day starts well. We can best achieve this by working together, so that the parents and staff together can find a way to say goodbye in the morning that suits your child the best.

It is important that the child is handed over to an adult and is told, or knows, that while mum and dad are at work the carers will look after me

It is best to make enough time to be able to drop off the child calmly.

Leaving the child's packed lunch in the refrigerator, saying goodbye and waving, so that the child sees and knows that the parents are leaving and they will come back for them again. This makes the child feel secure and settled.

If the child is crying at the drop off, it is best to leave when you have said goodbye and not come back in again, because it will make it even more difficult for both parties to part.

Children should be allowed to cry. We will embrace and comfort them. We know that it is hard to say goodbye when there are tears, and you are welcome to telephone us to ask how your child is doing. Our experience shows that tears usually dry quickly and children can carry on playing.

It is very important that you tell us how your child is doing, if it slept well, ate well, etc.

In order to fully understand your child, it is important that we are told about any difficulties or circumstances at home, which might affect the child's day.

You must let us know when you pick up your child, so we know that it has gone home. If another person will be picking up your child, tell us. We will not let anyone else pick up your child unless we are notified. If your child is planning to go home with a friend from Alvalon when they are picked up, then you must also let us know.

Working together

It is important that all parties work towards good cooperation. If you are not happy with the daycare, your child will not be happy here either.

It is therefore important that both parties talk openly and directly to one another if there is any discontent.

Having said that, it matters very much to us that communication takes place in the right way and in private.

Constructive criticism and suggestions are always welcome.

Attendance

So that we can plan our activities, children must be at daycare no later than 9:30 a.m., unless otherwise agreed.

When children come to daycare they should be fit to participate in the planned activities, indoors and outdoors.

Call us if your child is not coming, has a day off, is ill or will be arriving later (we do not accept text messages).

You must contact us before 9:30 a.m. The rooms will answer the phone again after 10:00 a.m., once assembly has finished.

Children who attend in the afternoon must arrive between 12:15 and 13:00 p.m. Children must have had lunch before they arrive.

Children who attend only in the morning must be picked up no later than 12:30 p.m.

Illness

We cannot receive children who are ill, both because they may be contagious and because sick children need a quiet environment and extra care.

If a child has a childhood disease, our staff should be notified. Likewise, if a child has a contagious condition such as impetigo, lice, conjunctivitis, herpes, parasites.

The child may come to daycare once it is undergoing treatment.

Look at the pamphlet about our procedures, which can be found in each room.

We are not authorised to give your child any medication. If the child becomes ill, feels unwell or gets a fever, we will call you if we consider that the child is not well enough to be at daycare.

If something happens to the child at daycare, and we feel it best to call the doctor, we will call you.

Food

Children must bring a packed lunch.

We offer fruit to the children every morning between 8:30 a.m. and 9:00 a.m., an afternoon snack between 14:00 p.m. and 15:00 p.m. We have a cook, who makes a healthy afternoon snack for us.

It is a priority for us that children have healthy food in their packed lunch, such as rye bread and vegetables. They can also bring dinner leftovers, which we can heat for them.

Baby and toddler rooms

Any dummies, bottles, baby cereal, diapers and formula milk must be supplied by the parents.

All the children nap outside. The daycare centre has prams for children in the baby and toddler rooms.

Birthdays

When it is your child's birthday, you are welcome to bring in cake, ice cream, sweets or other food to share with the room. Please notify the child's room well in advance.

Toys

Parents/child are responsible for any toys brought to daycare.

Clothes

It is very important that children bring enough spare clothes, in addition to rainwear, boots, mittens, hat and woollen socks.

Parents are responsible for their child's wardrobe, and for making sure that spare clothes are always available.

Snowsuits, rainwear and boots must be left in the wet room.

Because we prioritise cleanliness and try to prevent any illness, we kindly ask you to take all clothes home with you every Friday. That way the cleaning staff can wash the wardrobes.

For the children's safety, scarfs, ropes/strings, plastic bags and similar items are not allowed at daycare.

Name tags must be on all clothes.

Events

Parents' meeting

There are two joint parents' meetings a year, one in spring the other in autumn. The parents committee is elected in autumn,

During parents' meetings we discuss topics relevant to both parents and staff. That is why we advise that at least one of the parents attend the meeting. Please let us know, if you cannot attend.

Parents' get-together

The information will be available on the notice boards in each room.

Garden Day

The daycare centre and parents council organise a garden day once a year. Please check our noticeboards for more information.

December at Alvalon

The Christmas Pageant takes place the second week of December.

The Christmas Celebration is for children and staff at Alvalon, guests will join us to tell the story of the Christmas Gospel. After that we have Christmas dinner at Alvalon.

Aims

We work in accordance with the Daycare Act, Article 2 and the Executive Order on Activities at Daycare Centres, dated May 4th, 2006, Article 3.

Article 2 of the Daycare Act:

The aim of the educational work in daycare centres is:

- With care in a safe and child-friendly environment, to develop and educate children soundly and in cooperation with parents, to give the children a Christian and ethical upbringing.
- To develop children's independence, tolerance, equality and democracy.
- To prepare children for empathy, shared decision-making, shared responsibility, rights and duties in a democratic society.
- To foster children's creativity with a view to strengthening their identity, self-worth, self-awareness, and their ability to take care of themselves in a calm and cooperative manner.
- To ensure that children have a healthy environment that stimulates their motor development indoors and with an outdoor area, which is suited to the children's ages and abilities. In cooperation with homes, to strengthen children's multi-faceted development in close connection with nature.

2. 2. The Minister advises and guides local governments on educational matters.

Executive Order dated 2006, Article 3:

3. 1. Daycare centres should explicitly set out the pedagogical and educational aims for each age group, and how they will achieve these.

3. 3. Parents should be kept well informed about daily activities.

Contact

Alvalon's website:

alvalon.fo

Alvalon's email:

alvalon@sorvag.fo

Alvalon's manager:

Claus A. Rasmussen

tel: 23 32 40 / 36 32 40

claus@sorvag.fo

Alvalon's deputy manager:

Björg av Kák Olsen

tel: 23 32 49

bjorgolsen@sorvag.fo

**Deputy manager of after-school centre Sýslan
and the youth house:**

Borgarhjört Larsen

tel: 23 32 48

Alvalon's Rooms

Barnaból:

tel. 23 32 44

barnabol@alvalon.fo

Lítlalon:

tel. 23 32 41

litlalon@alvalon.fo

Barnabyli:

tel. 23 32 43

barnabyli@alvalon.fo

Pinkuból:

tel. 23 32 42

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Barnalon:

tel. 23 32 45

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Stóralon:

tel. 23 32 46

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